

ABSTRAK

TINGKAT KECENDERUNGAN KEPERIBADIAN NARSISTIK MAHASISWA ANGKATAN 2016 PROGRAM STUDI BIMBINGAN DAN KONSELING UNIVERSITAS SANATA DHARMA

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Penelitian ini bertujuan untuk: (1) mendeskripsikan tingkat kecenderungan kepribadian narsistik mahasiswa Angkatan 2016 Program Studi Bimbingan dan Konseling Universitas Sanata Dharma dan (2) mendeskripsikan persentase perolehan skor masing-masing aspek pada mahasiswa Angkatan 2016 Program Studi Bimbingan dan Konseling Universitas Sanata Dharma. Jenis penelitian adalah kuantitatif deskriptif. Subjek penelitian adalah mahasiswa angkatan 2016 Program Studi Bimbingan dan Konseling Universitas Sanata Dharma yang berjumlah 74 mahasiswa.

Pengumpulan data pada penelitian ini mengadopsi *Narcissitic Personality Inventory* yang dikembangkan Raskin, Hall & Terry (1988) yang berjumlah 40 item. Inventori disusun berdasarkan aspek kecenderungan kepribadian narsistik menurut Raskin, Hall & Terry. Nilai koefisien reliabilitas instrumen menggunakan rumus *Alpa Chronbach* (α) sebesar 0,869. Teknik analisis data menggunakan statistik deskriptif dengan kategorisasi sangat tinggi, tinggi, sedang rendah dan sangat rendah.

Hasil penelitian ini menunjukkan bahwa mahasiswa angkatan 2016 Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta memiliki tingkat kecenderungan kepribadian narsistik sebagai berikut: 5 mahasiswa (6,75%) kategori sangat tinggi, 17 mahasiswa (22,97%) kategori tinggi, 46 mahasiswa (62,26%) kategori sedang, terdapat 8 mahasiswa (8,10%) kategori rendah, dan tidak ada (0%) mahasiswa yang memiliki kecenderungan kepribadian narsistik sangat rendah. Hasil analisis perolehan skor aspek-aspek narsistik menunjukkan aspek *Self-Sufficiency* (kecakupan diri) memiliki presentase tertinggi (100%) dan aspek *Vanity* (kesombongan) memiliki presentase terendah (55,40%).

Kata Kunci: *Narsistik, Mahasiswa, Konselor, Bimbingan dan Konseling*

ABSTRACT

***THE NARSISTIC PERSONALITY TENDENCY LEVEL OF 2016'S
STUDENTS OF SANATA DHARMA UNIVERSITY GUIDANCE AND
COUNSELING STUDY PROGRAM***

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The study aimed to: (1) describe the narcissistic personality tendency level of 2016's students of Sanata Dharma University Guidance and Counseling Study Program and (2) describe the percentage of the score of each aspect of the 2016's students of Sanata Dharma University Guidance and Counseling Study Program. The type of this research was descriptive quantitative. The research subjects were the 2016's students of Sanata Dharma University Guidance and Counseling Study Program, with a total of 74 students.

The data collection technique used in this study adopted the Narcissistic Personality Inventory developed by Raskin, Hall & Terry (1988) that contains 40 items. The inventory was compiled based on narcissistic personality tendencies aspects according to Raskin, Hall & Terry. The instrument's reliability coefficient value used the Alpa Chronbach formula (α) of 0.869. The data analysis technique used was descriptive statistics with the categorization of very high, high, medium-low, and very low.

The results of this study indicated that 2016's students of Sanata Dharma University Guidance and Counseling Study Program have a narcissistic personality tendency level as follows. There were 5 students (6.75%) in the very high category, 17 students (22.97%) in the high category, 46 students (62.26%) in the moderate category, 8 students (8.10%) in the low category, and none (0%) in very low narcissistic personality tendency. The results of the score analysis of the narcissistic aspects showed that the Self-Sufficiency aspect had the highest percentage (100%) and the Vanity aspect (arrogance) had the lowest percentage (55.40%).

Keywords: *Narcissistic, Students, Counselor, Guidance and Counseling*